



A CENTURY OF SERVICE

News Release

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For Immediate Release

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Center Offers Self Defense for Adults, Youth Bujinkan Ninjutsu Begins July 11 at Helen Meyer Community Center

Understanding threatening situations and the tactics and skills to escape them are the lessons learned during the new Bujinkan Ninjutsu classes for youth and adults at Helen Meyer Community Center, 4525 New Forest Drive. Youth classes, for those ages 7 to 15, meet from 8 to 9 a.m. while the adult classes, for those ages 16 and older, take place from 9 to 11 a.m. All classes are held on Saturdays and begin four-week sessions on July 11 and Aug. 8. The cost for each four-week session is \$25 for the adult class and \$18 for the youth class.

Richard "Deshimura" McCall leads the training made famous by Masaaki Hatsumi, grandmaster of authentic Ninjutsu training from the Binjinkan Ninjutsu Dojo in Noda City, Japan. The classes place heavy emphasis on thorough understanding of self-defensive tactics, strategy and the development of "kuji-in," a ninja's "inner sense" that helps to avoid attacks and other dangerous situations before trouble arises. McCall, an eighth-degree black belt, has more than 45 years of training and teaching experience.

Classes are for beginners and were created as an orientation into Ninjutsu training. Those interested in the Bujinkan Ninjutsu classes for youth and adults can call the Helen Meyer Community Center at 455-7723 or visit the Web site at www.accessclarkcounty.com/parks.

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Clark County is a dynamic and innovative organization dedicated to providing top-quality service with integrity, respect and accountability. With jurisdiction over the world-famous Las Vegas Strip and covering an area the size of New Jersey, Clark is the nation's 15th-largest county and provides extensive regional services to more than 2 million citizens and 44 million visitors a year. Included are the nation's 7th-busiest airport, air quality compliance, social services and the state's largest public hospital, University Medical Center. The county also provides municipal services that are traditionally provided by cities to almost 900,000 residents in the unincorporated area. Those include fire protection, roads and other public works, parks and recreation, and planning and development. In 2009, Clark County celebrates a "century of service."